

# A taste of the future

A stay at Huntley Lodge can be a good way to find out what it is like to live in sheltered housing. A number of those who come for respite care find that they enjoy the experience so much more than they expected that they don't want to leave.

## Applying for respite care

The charge for a week at Huntley Lodge is £299. This includes all meals, electricity, heating, hot water and social activities.

To find out more or arrange a visit, please call Liz on **01926 313838**.

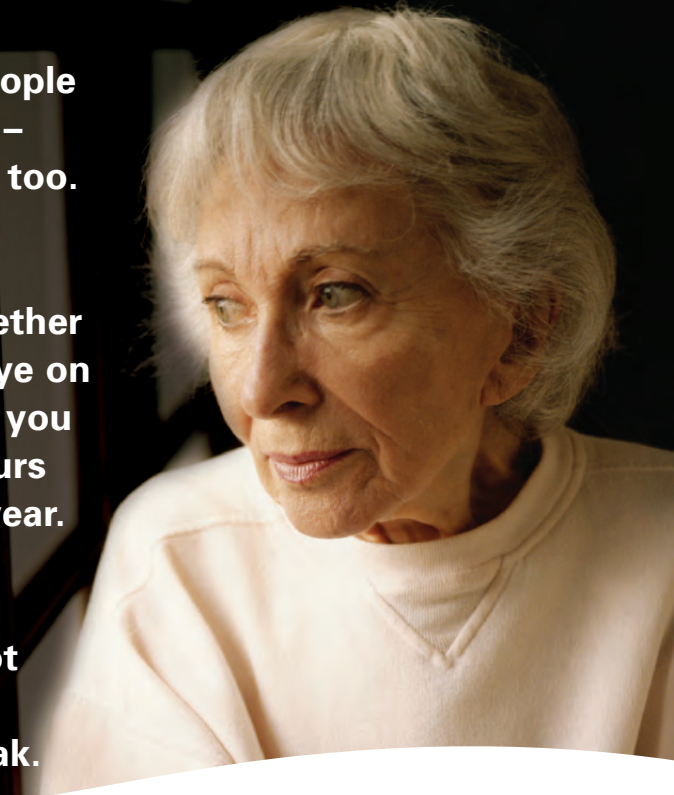
*"Huntley Lodge is a real home from home. If I had known sheltered accommodation was this good, I would have moved in much sooner – I have everything I need, including many good friends."*

# Need a break from caring?

We can take the weight off your shoulders

**Caring for older people is often rewarding – but it can be tiring too.**

**Whether you are a live-in carer or whether you just keep an eye on an elderly relative, you cannot do it 24 hours a day, 365 days a year. But because they depend on you, you feel you cannot leave them, even for a weekend break.**



**That's where we can help.**





# Respite care to suit your needs

We offer short term respite care in **Huntley Lodge**, a sheltered housing scheme in **Leamington Spa**.

We provide:

- **Comfortable, secure and self-contained accommodation**
- **Two home-cooked meals a day – special diets catered for**
- **Friendly and caring staff**
- **Beautiful gardens with seating areas**
- **Alarm call system in every room in case of emergencies**
- **Communal dining room, resident lounge and laundry**
- **Assisted bathroom and level access shower room**

*Please note that we do not offer nursing or personal care. Huntley Lodge is not a registered care home and therefore not suitable for people with a high level of dependency. However, we are happy to offer respite breaks to people who have a disability or are recovering from a minor operation.*

## **Peace of mind**

Huntley Lodge is run by Jephson Plus – part of the Jephson Housing Association Group. Jephson has more than 30 years' experience of sheltered housing and currently manages over 40 schemes accommodating 1,600 people and meets the standards of the Centre for Sheltered Housing Studies Code of Practice.

## **New friends and interests**

We work with Age Concern Warwickshire to provide regular activities for residents. These include keep fit sessions, arts and crafts, outings and coffee mornings.